

Checklist for Parents

Parents, you can help protect your family and others from COVID-19 by practicing and promoting everyday healthy habits and making sure that when your students leave for school they are healthy.

Things to check for daily, prior to sending your child to school or other school activities:

- Does your child have a temperature of 100.4 degrees or higher?
- Does your child have a cough, shortness of breath or difficulty breathing?
- Does your child have a sore throat?
- Does your child have muscle pain, is unusually tired, or low activity level?
- Does your child have a new loss of taste or smell?
- Does your child have any other signs of a new illness unrelated to a preexisting conditions such as allergies?
- Has your child been exposed to anyone who has the above symptoms or is self-isolating due to their exposure to the Coronavirus?

If you answer yes to any of the above statements, please keep your child home from school and follow up as needed with medical professionals.

Parents are expected to have their children wash their hands with warm soapy water for at least 20 seconds and to use hand sanitizer when handwashing is unavailable. Parents are expected to reinforce physical distancing and the appropriate wearing of face masks.

Thank you parents for your support in promoting a healthy environment for our students to learn and grow.

